

# Application Note AN-U-080

# Nitrite and nitrate in meat products

# Robust routine analysis with ion chromatography

Nitrite and nitrate salts are used as preservatives for meat and meat products. They are labeled on foods as E 249–E 252. These so-called curing salts prevent bacteria growth, stabilize the color of the meat, and enhance its flavor. Nitrate salts (E 251, E 252) have a low toxicity. However, long-term exposure is of concern, as the lower gut reduces nitrate to nitrite, which is a precursor of nitrosamines (classified as carcinogenic) [1]. Nitrite itself is classified as probably carcinogenic to humans. The MPL (maximum permitted levels) after the manufacturing process vary for nitrite (E 249, E 250) between 50–180 mg/kg [2], and for nitrate between 150–300 mg/kg [3], depending on the product. The European Commission limits nitrate and nitrite salts in processed meat to less than 150 mg/kg [4].



Classical HPLC-UV methods often suffer from asymmetric peaks, low reproducibility on retention times, and poor sensitivity. Other analytical methods such as spectrophotometric or automated discrete analysis methods show interferences depending on different meat matrices, making this kind of analysis difficult for laboratories where a wide variety of food and beverage products need to be analyzed. Ion chromatography with UV detection offers a robust and universal method for quality control of nitrite and nitrate in different meat matrices.

# SAMPLE PREPARATION

Various meat products like pork knuckle, pork shoulder, black blood sausage, and Chistorra sausage were investigated. The same sample preparation worked for all tested meat products. Samples were treated with *Carrez* precipitation to remove fats and proteins. The amount of *Carrez* reagent is adjusted to the fat and protein content of the sample type. For example, a freshly chopped meat sample (5 g) was treated with *Carrez* solutions (2.5 mL *Carrez* I + 2.5 mL *Carrez* II) and diluted to 100 mL with ultrapure water (UPW). After centrifugation (5000 rpm) and filtration (0.45  $\mu$  m), 10 mL of the solution was further diluted with UPW to 50 mL (5-fold dilution). For consistent results, standard solutions were also prepared with *Carrez* reagents.

#### **EXPERIMENTAL**

Samples (50  $\mu$  L) were injected into the IC system after Inline Ultrafiltration. Two columns with different properties (Metrosep A Supp 7 -250/4.0 and Metrosep A Supp 5 - 50/4.0) were used in series to avoid co-elution of nitrite with organic components. Analytes were separated by isocratic anion exchange chromatography with a carbonate/methanol eluent (3.6 mmol/L Na<sub>2</sub>CO<sub>3</sub> + 15% methanol) and a flow rate of 0.7 mL/min (Table 1, Figures 1–4). A column temperature of 52 °C further improved the resolution of the nitrite peak. Sequential suppression reduced the background noise to enable sensitive UV/VIS detection (205 nm). Quantification was performed over a range of 0.02–2.00 mg/L for nitrite, and 0.05–5 mg/L for nitrate.

Columns	Metrosep A Supp 7 - 250/4.0 + Metrosep A Supp 5 - 50/4.0
Eluent	3.6 mmol/L Na <sub>2</sub> CO <sub>3</sub> + 15% methanol
Flow	0.7 mL/min
Temp	52 ° C
Injection	50 μL
Detection	UV 205 nm

Table 1. Summary of IC method parameters.



Sample concentrations were calculated for sodium nitrate and sodium nitrite. In order to keep the system clean from any organic contaminations, the sample flow path was rinsed with methanol/UPW (1:1 v/v) after each analysis and the suppressor was regenerated with a mixture of sulfuric acid (500 mmol/L), oxalic acid (100 mmol/L), and acetone (20% v/v).

#### RESULTS

**Figures 1–4** show exemplary chromatograms for different tested meat samples. The nitrite concentration varied from not detectable to 54 mg/kg and the nitrate concentration was between 10–50 mg/kg. During these tests, nitrite exceeded the critical limit of 50 mg/kg in only one sample (pork shoulder), whereas nitrate was always measured well within the allowed concentration limit **[4]**. Long-term studies in quality control laboratories of meat manufacturers have proven that this IC method

is a robust and precise enough for routine analysis of nitrite and nitrate.

This universal analytical method is also suitable for beverage and vegetable samples. A wide variety of food and beverage samples were evaluated, showing symmetric peaks, high reproducibility of the concentration values, and negligible interferences from matrix compounds. Limits of quantification were well below 5 mg/kg for sodium nitrite and sodium nitrate in all tested samples.



Figure 1. Chromatogram of a black blood sausage sample. Results: sodium nitrite <1.0 mg/kg, and sodium nitrate 22.5 mg/kg.





Figure 2. Chromatogram of a pork knuckle sample. Results: sodium nitrite 1.5 mg/kg, and sodium nitrate 9.6 mg/kg.



Figure 3. Chromatogram of a Chistorra sausage sample. Results: sodium nitrite <1.3 mg/kg, and sodium nitrate 49.4 mg/kg.



Figure 4. Chromatogram of a pork shoulder sample. Results: sodium nitrite 53.7 mg/kg, and sodium nitrate 20.0 mg/kg.



# CONCLUSION

The described sample preparation and the chromatographic method worked for all tested meat products. The presented IC method with two separation columns guaranties optimal resolution of nitrate and nitrate from interfering matrix peaks and thus sensitive analysis for quality control even in complex matrices (LOQ <5 mg/kg for meat products). This method is already established in certain food laboratories as a standard method for quality control, exhibiting high accuracy and reproducibility independent from the food matrix.

Inline Ultrafiltration makes this method even more suitable for fast and time-saving routine

analysis because sample preparation is straightforward and does not require costly sample preparation cartridges as in some traditional methods. As any interfering matrix is either removed by Inline Ultrafiltration or is well resolved on the analytical column, this method shows superior analytical performance for determining nitrite and nitrate in meat samples when compared to classical HPLC-UV.

Nitrite and nitrate are directly quantified, which is an advantage over traditional methods where the sum parameter of total nitrogen is determined (e.g., AOAC Official Method 935.48 or 993.03).

## REFERENCES

- Wang, P. et al. (2002), Nitric Oxide Donors: Chemical Activities and Biological Applications, Chemical Reviews 102 (4): 1091–1134.
- 2. EFSA (European Food Safety Authority) (2017), Re-evaluation of potassium nitrite (E 249) and sodium nitrite (E 250) as food additives, EFSA Journal 15(6):4786.

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- EFSA (European Food Safety Authority) (2017), Re-evaluation of sodium nitrate (E 251) and potassium nitrate (E 252) as food additives, EFSA Journal15(6):4787.
- European Commission (2011) Decision No 1129/2011/EC of 11 November 2011, amending Annex II to Regulation (EC) No 1333/2008 of the European Parliament and of the Council by establishing a Union list of food additives. Off J Eur Union L295 1-177.

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## **CONFIGURATION**



#### 930 Compact IC Flex Oven/SeS/Deg

930 Compact IC Flex Oven/SeS/Deg 是智能型 Compact 子色器,有**柱加炉、序列抑制器**和内置**脱气** 装置。可使用一台 800 Dosino 用于抑制器再生。器 可使用各分和方法。 典型的用范:

英王的历况。

- 子或子定,序列抑制法及



**947 Professional UV/VIS Detector Vario SW** 智能波 器,947 Professional UV/VIS Detector Vario SW,可紫外光或可光区域内的活性物行安全可 靠的定量操作。可一波。



#### Metrosep A Supp 5 - 50/4.0

Metrosep A Supp 5 - 50/4.0 可在不超 6 分之内分 七准子。即便是化物也可从尖峰分,能毫无地加以整合 。此基于聚乙醇聚合物的色柱就如所有 A-Supp-5 系 列色柱一基数高,由此具出色的分效率。Metrosep A Supp 5 - 50/4.0 色柱是短内解决分任的理想-并且无 放弃其低的指示限。

#### Metrosep A Supp 7 - 250/4.0

水理中的副物(消毒副物)不可能危害健康,甚至可能致 癌。因此基化物成多方法及准的目(例如 EPA 300.1 方法 B 部分、EPA 方法 317.0、EPA 方法 326.0)。 首先那些用水臭化程中由化物中生的酸。Metrosep A Supp 7 - 250/4.0 是可以同定准子、基化物和二乙 酸的高效分柱。借助此柱甚至在低 μg/L 范内也可准 可靠地定些子。使用 5 μm 的聚乙醇聚合物使其到 高度指示敏度,其基数高,由此秀的分性能和指示敏度 。此外,可通更改温度来特殊用要求整分工作。





#### 919 IC Autosampler plus

- 919 IC Autosampler plus 足室内理中等品量的要求
- 。使用器,可万通品的各子色分析自化。



800 Dosino ,有可用于智能型加液元的/写硬件。固定。



#### 807 Dosing Unit 2 mL

807 Dosing Unit,内置的数据芯片,2 mL 玻璃量筒和 遮光罩,可安装在有 ISO/ DIN 玻璃螺 GL 45 的瓶上。 FEP 管路接、防散滴管。





#### MagIC Net 4.0 Professional1

用于控制所有智能型 Professional IC 系、Compact IC 器及其外部,所有器和各 Autosampler、800 Dosino、771 Compact Interface 的算机程序。件 可用于子色分析的控制、数据采集、数据估和控,以及 生成告。

形用界面,用于常操作、大量数据程序、方法、配置和 手系控制;活的用管理、高效的数据操作、大量数据出 功能、可个性化配置的告生成器、控制和控全部系元 件和色分析果。

MagIC Net Professional 完全符合 FDA 准 21 CFR 第 11 部分以及 GLP。

MagIC Net 提供 16 框言:德、英、中文、繁体中文 、法、意大利、西班牙、葡萄牙、保加利、捷克、匈 牙利、日、、俄、斯洛伐克、波

1可

将在一个 U 上提供安装文件和文献。

