



Application Note AN-T-196

Assay of Vitamin C

Fast and accurate analysis according to USP <580>

Vitamin C, also known as ascorbic acid or L-ascorbic acid, is an essential nutrient involved in the repair of tissues and the enzymatic production of certain neurotransmitters. It is required for the functioning of several enzymes and immune performance, and is also an important antioxidant. This nutrient is found in many foods and is often used as a dietary supplement.

USP general chapter <580> describes a titration technique to determine the assay of Vitamin C as

ascorbic acid, sodium ascorbate, and calcium ascorbate dehydrate, or their mixture in finished dosage forms as capsules, tablets, and oral suspensions.

This Application Note demonstrates the Vitamin C determination in water-soluble vitamin tablets. The methodology can also be applied for oil-soluble vitamin or mineral tablets, as well as oil- and water-soluble vitamin or mineral capsules.

SAMPLE AND SAMPLE PREPARATION

The method is demonstrated for water-soluble vitamin tablets.

Several tablets are accurately weighed and then ground into a fine powder. A portion is

transferred into a volumetric flask, to which metaphosphoric and acetic acid are added. After dissolution, the volumetric flask is filled up to the mark with carbon dioxide-free water.

EXPERIMENTAL

This bivalentametric analysis is carried out on a 905 Titrando system equipped with a magnetic stirrer and a double Pt sheet electrode for indication.

To a reasonable amount of prepared sample, metaphosphoric acid, acetic acid, and carbon dioxide-free water are added. The vitamin C content is then titrated against dichlorophenol-indophenol until the first equivalence point.

A blank analysis is performed in the same way.



Figure 1. 905 Titrando with tiemo. Example setup for the determination of vitamin C.

RESULTS

The analysis demonstrates acceptable and reproducible results and well-defined titration curves. For the tested water-soluble vitamin tablet, a vitamin C content of 97.7% ($n = 6$,

$SD(\text{rel}) = 0.23\%$) is obtained, which is within the given USP criteria of 90–150%. An example titration curve is displayed in **Figure 2**.

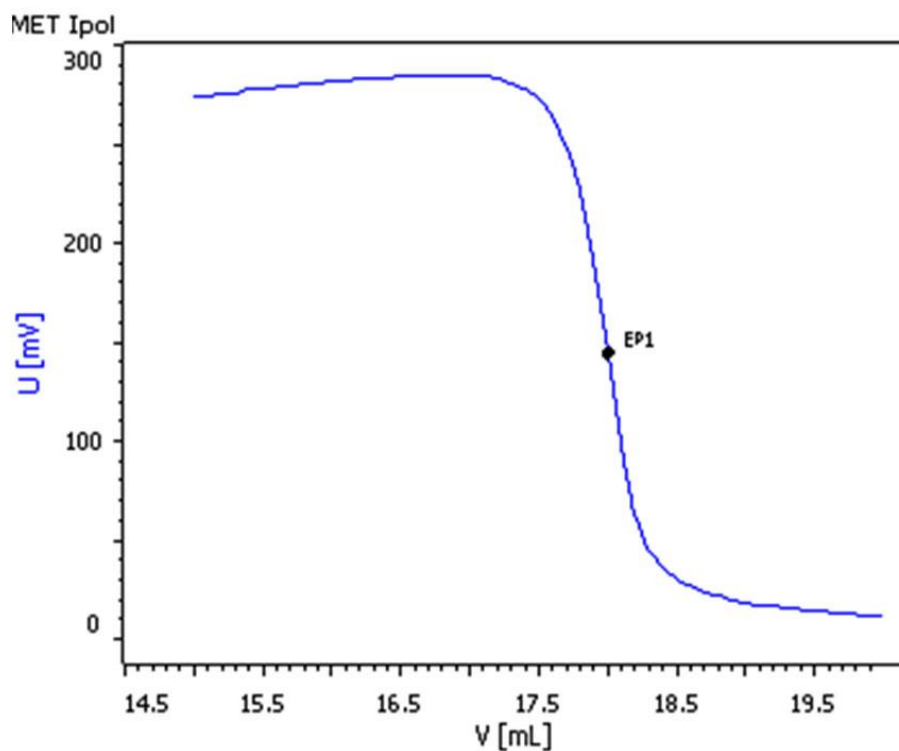


Figure 2. Example titration curve for vitamin C determination.

CONCLUSION

After sample preparation, the determination of vitamin C in vitamin capsules or tablets can efficiently be carried out by using a Metrohm

autotitrator. Fast and precise determination according to **USP <580>** is possible.

REMARKS

This method is also suitable for samples such as:

- Oil- and water-soluble vitamins capsules
- Oil- and water-soluble vitamins oral solution
- Oil- and water-soluble vitamins tablets
- Oil- and water-soluble vitamins with minerals capsules
- Oil- and water-soluble vitamins with minerals oral solution
- Oil- and water-soluble vitamins with minerals tablets
- Water-soluble vitamins capsules
- Water-soluble vitamins tablets
- Water-soluble vitamins with minerals capsules
- Water-soluble vitamins with minerals tablets

CONTACT

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CONFIGURATION



OMNIS Advanced Titrator

新型、模式位分析 OMNIS Titrator 滴定,于独立行或作 OMNIS 滴定系的核心元件行,用于使用 OMNIS Sample Robot 行点和等当点滴定(一/)。由于采用 3S 瓶配器技,理化学品从未像在一安全。可以使用量模和量管元自由配置滴定,并在需要展一台螺旋拌器。在需要可以通相的件功能可平行滴定升 OMNIS Advanced Titrator。

- 通计算机或本地网控制
- 可以其他用或助溶液外接最多四个滴定模或加液模
- 螺旋拌器的接方式
- 可提供不同大小的量管:5、10、20 或 50 mL
- 采用 3S 技的瓶配器:安全理化学品,自生商的原始数据

量模式和件:

- 点定滴定:“Basic” 功能可
- 点和等当点滴定(一/):“Advanced” 功能可
- 点和等当点滴定(一/),包括平行滴定
- “Professional” 功能可



板 (0.15 x 8 x 8 mm) 的玻璃鞘,板化,用于化原滴定(双伏安滴定法)。特用于

- 生素 C 定
- 量的定
- 指数
- 葡萄酒中的硫酸 (SO₂)
- 按照温克勒法的含量