



Application Note AN-P-087

# Quality labels for novel foods

## Improvement on AOAC 2001.02: GOS analysis with IC-PAD

In the past several years, interest has increased in food additives and dietary supplements including prebiotics like  $\beta$ -galactooligosaccharides (known as GOSs). The GOSs are chains of galactose units with an optional glucose end [1,2]. They show bifidogenic effects, i.e. they support growth and well-being of non-pathogenic gut bacteria [1]. Initially discovered as major constituents of colostrum (present up to 12 g/L), GOSs are added as a prebiotic supplement to infant formulas to achieve similar beneficial effects. Increasing consumer awareness regarding healthy eating habits has led to the ongoing growth of global prebiotic and GOS markets.

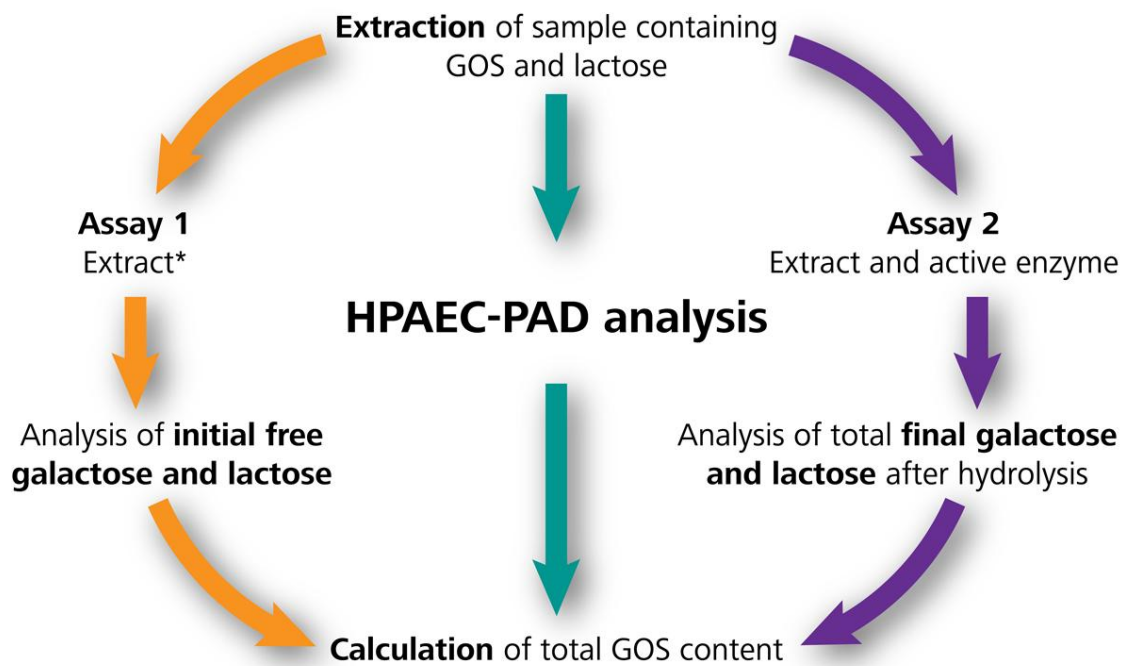
Similarly, increased demand regarding food quality has led to stricter, more comprehensive rules for food labeling and safety (e.g., EU 2015/2283). The determination of total GOS contents in food, supplements, or raw products is thus essential to fulfill such requirements.

This Application Note presents an update to the standard AOAC method for total GOS determination in foodstuffs. With the same principle (enzymatic hydrolysis of complex GOS molecules followed by chromatographic analysis of simple carbohydrates), analytical method efficiency was improved in favor of laboratory time and running costs.

## SAMPLE AND SAMPLE PREPARATION

Different commercially available samples, i.e. GOS powder (Carbosyth Ltd.), Vivinal® GOS powder (FrieslandCampina), and the supplement Bimuno Daily (Clasado Biosciences) [3], were extracted for 30 minutes at 80 ° C in a phosphate buffer solution as described in AOAC 2001.02. The extract was divided into two

aliquots for differential analysis of glucose, galactose, and lactose, both before (Assay 1) and after (Assay 2) enzymatic hydrolysis with the enzyme  $\beta$ -galactosidase from *Aspergillus oryzae* (Figure 1). Samples were centrifuged and diluted in ultrapure water (UPW) before analysis.



\*AOAC(2001.02): Extract plus deactivated enzyme

**Figure 1.** Schematic for the determination of total GOS contents using ion chromatography coupled to pulsed amperometric detection (IC-flexiPAD). Chromatography for anions in AOAC is referred as HPAEC (high performance anion exchange chromatography) but is simplified here to the generic term of IC. The improved method uses the extract for measuring of the initial glucose, galactose, and lactose concentrations (Assay 1). This was shown as equivalent to the AOAC step with the deactivated enzyme [3], but reduces chemical expenses and additional manual work. The total GOS content is calculated from the analyte concentrations in Assay 1 and Assay 2 (extract with the active enzyme). Graphic adapted from [2].

## EXPERIMENTAL

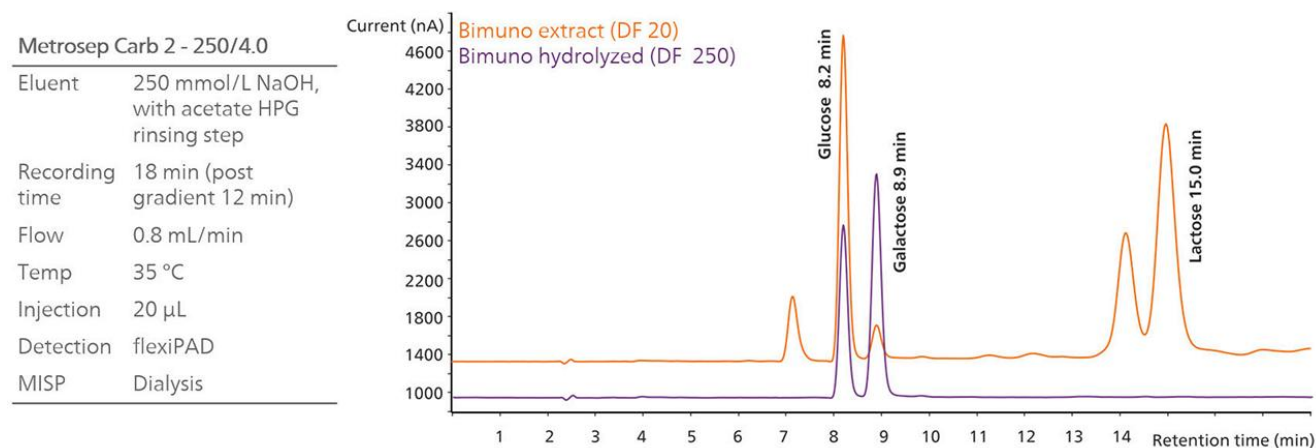
Separation of galactose, glucose, and lactose was performed on a Metrosep Carb 2 - 250/4.0 separation column using a hydroxide eluent (**Figure 2**) within a recording time of 18 minutes. For column clean-up, a post-recording acetate High Pressure Gradient (HPG) was run within a total sample runtime of approximately 30 minutes. Signal detection occurred with an amperometric detector (945 Professional Detector Vario - Amperometry) equipped with a Thin-Layer cell (Au working and Pd reference electrode). The use of the Thin-Layer cell in combination with a special flexiPAD (pulsed amperometric detection) waveform exhibited the best performance for the GOS analysis. Compared to the standard PAD conditions this setup provided an increased response and signal-to-noise ratio.

After manual sample preparation, Inline Dialysis

with the Low Volume dialysis cell was used to purify samples before injection into the IC. As a fully automated step, proteins and larger molecules are removed from the sample matrix, protecting the column and increasing the column lifetime.

Total GOS contents were calculated after automatic data evaluation (MagIC Net 3.3 software) according to AOAC. In short, the difference of galactose and glucose between Assay 1 and Assay 2 was determined (**Figure 2**), corrected by initial lactose and finally adjusted to a sample weight of 100 g.

Over the course to adapt and advance the standard AOAC method, different variables were tested and finally validated according to common standards. All details are given in the open access article *Ziegler et al.* [3].



**Figure 2** Overlay (with offset) of the extract from the sample Bimuno (Assay 1, dilution factor (DF) 20 in UPW, orange) with the extract treated with  $\beta$ -galactosidase (Assay 2, DF 250 in UPW, purple). Due to hydrolysis of GOSs, i.e. breakdown of the galactose-galactose and galactose-glucose linkages, the concentrations of galactose and glucose in Assay 2 significantly exceed those in Assay 1. A higher DF guarantees the proper quantification within the given calibration. Chromatographic conditions are summarized on the left. As a Metrohm Inline Sample Preparation step, Inline Dialysis was used for additional sample clean-up, improving system performance and column lifetime.

## RESULTS

Total GOS contents of the different samples ranged from 28–83 g/100 g with a variability of up to 5% for measurements of individual replicates over several days. A higher variability of 6–10% was shown for infant formulas (data not shown). The higher lactose contents in such matrices results in increased uncertainties for the total GOS determination [3].

Overall, the satisfying variability, target and spike recoveries (**Table 1**), together with the interference tests [2], proved the method as valuable and robust. With limits of detection (LODs) (DIN 32645) of 0.1 mg/L (galactose) and 0.2 mg/L (glucose, lactose) in solution, even low total GOS contents can be determined with high precision.

**Table 1.** Total GOS contents determined with the modified AOAC 2001.02 method for the commercially available samples GOS powder, Bimuno daily supplement, and Vivinal® powder. These samples were individually prepared and analyzed in duplicate over several days (n). The calculated RSD is a measure of the variability of the total GOS contents for the different samples. Recoveries were calculated for target reference values and from spikes with the GOS powder (reference material) showing the method precision and robustness.

Sample	Total GOS (n) (g/100 g)	Variability over n days (RSD in %)	Total GOS target (g/100 g)	Target recovery (%)	AVG Spike 1 (g/100 g) (Recovery %)	AVG Spike 2 (g/100 g) (Recovery %)
GOS Powder	82.6 ± 4.1 (n = 7)	5.0	>70	n.a.	n.a.	n.a.
Bimuno	75.7 ± 3.0 (n = 7)	3.9	79.7	95	36.8 ± 1.4 (98%)	88.4 ± 12.7 (96%)
Vivinal Powder	27.8 ± 0.5 (n = 4)	1.8	28.5	98	37.8 ± 0.1 (91%)	48.6 ± 0.1 (91%)

## CONCLUSION

As a multicomponent method, ion chromatography with amperometric detection is a very selective, sensitive, and robust analysis method for carbohydrates without any additional derivatization steps. In combination with enzymatic treatment, even more complex carbohydrates can be quantified. The advanced and validated IC-flexiPAD method for total GOS analysis benefits analysts with enhanced efficiency. Through major sample preparation

improvements, the overall procedure is not only faster by reducing additional lab work, but also reagents and consumables can be saved, lowering the total running costs. This makes it a valuable alternative to AOAC Official Method 2001.02.

Additional automation steps (e.g., Metrohm Inline Dilution and automatic calibrations) can further improve the method efficiency.

## REFERENCES

1. Sangwan et al. (2011), J. Food Sci. 76(4)
2. Boehm & Stahl (2007), J. Nutr. 137(3 Suppl 2)
3. Ziegler et al. (2001), The Column – Europe/Asia 17(02)

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## CONFIGURATION

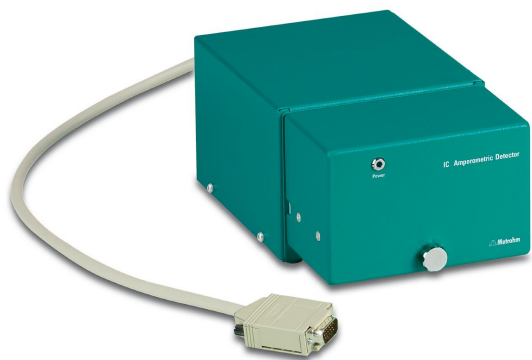


### 940 Professional IC Vario ONE/HPG

940 Professional IC Vario ONE/HPG 是智能型 IC 器,无抑制,二元高梯度。可使用 942 Extension Modul 将其展至四元梯度系。器可使用各分和方法。

典型的用范:

- 梯度淋洗后使用脉冲安培法(PAD)分析水化合物
- 使用 UV/VIS 的梯度用,或不柱后衍生反



### IC Amperometric Detector

用于智能型子色器的智能型安培器。多可的不同量模式:DC、PAD、flexIPAD 和 CV,以及卓越的信号/干比例系和快入量准就状,一切保量的高度精性。



### Metrosep Carb 2 - 250/4.0

Metrosep Carb 2 - 250/4.0 子色柱特用于使用性淋洗液定水化合物和脉冲安培。高容量子交柱基于乙/二乙基聚合物。它在 pH = 0 - 14 的范内定,可分糖和双糖。此外可用于分析糖醇、脱水糖和低聚糖等。250 mm 款型的 Metrosep Carb 2 分柱用于的分要求。



### 858 Professional Sample Processor – Pump

858 Professional Sample Processor – Pump 可理体在 500  $\mu$ L 至 500 mL 之的品。行品移,既可以使用内置的双向双通道蠕、也可通 800 Dosino 来行。



### MagIC Net 4.0 Professional1

用于控制所有智能型 Professional IC 系、Compact IC 器及其外部,所有器和各 Autosampler、800 Dosino、771 Compact Interface 的计算机程序。件可用于子色分析的控制、数据采集、数据估和控,以及生成告。

形用界面,用于常操作、大量数据程序、方法、配置和手系控制;活的用管理、高效的数据操作、大量数据出功能、可个性化配置的告生成器、控制和控全部系元件和色分析果。

MagIC Net Professional 完全符合 FDA 准 21 CFR 第 11 部分以及 GLP。

MagIC Net 提供 16 框言:德、英、中文、繁体中文、法、意大利、西班牙、葡萄牙、保加利、捷克、匈牙利、日、、俄、斯洛伐克、波

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将在一个 U 上提供安装文件和文献。