

Application Note AN-T-086

Vitamin C in orange juice

Photometric titration according to ISO 6557-2

Vitamin C, also known as ascorbic acid or L-ascorbic acid, is an essential nutrient involved in the repair of tissues and the enzymatic production of certain neurotransmitters. It is required for the functioning of several enzymes and immune performance, and is also an important antioxidant. This nutrient is found in many foods and is often used as a dietary supplement.

This Application Note describes the photometric determination of ascorbic acid according to the standard ISO 6557-2. To increase the objectivity on the determined equivalence point and the reproducibility of the results, an autotitrator equipped with a photometric sensor, the Optrode, is used. The titrant 2,6-Dichlorophenol-indophenol (DCIP or DPIP) simultaneously serves as titrant and indicator.

SAMPLE AND SAMPLE PREPARATION

The method is demonstrated for orange and blood orange juice.

First, oxalic acid is added to the sample. Afterwards, the sample is centrifuged to remove any pulp.



EXPERIMENTAL

This photometric analysis is carried out on a 907 Titrando system equipped with a magnetic stirrer and an Optrode for indication purposes.

An aliquot of the prepared sample is added to the titration beaker, followed by oxalic acid. Then, the solution is titrated using standardized 2,6-Dichlorophenol-Indophenol (DPIP) until after the first equivalence point.



Figure 1. 907 Titrando with tiamo. Example setup for the photometric determination of vitamin C.

RESULTS

The analysis demonstrates acceptable and reproducible results and well-defined titration curves.

The results are summarized in **Table 1**. An example titration curve is displayed in **Figure 2**.

Table 1. Mean vitamin C content of orange juices determined by titration (n = 3).

Sample	Mean / mg/L	SD(rel) in %
Orange juice	363.5	1.28
Blood orange juice	570.8	1.29

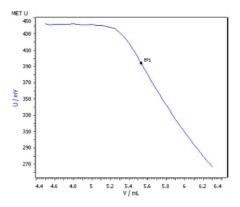


Figure 2. Example titration curve of the vitamin C determination in blood orange juice.



CONCLUSION

After sample extraction and centrifugation, the vitamin C content in orange juices is easily assessed according to ISO 6557-2 by using DPIP as titrant and a photometric sensor for indication. In this manner, the salmon pink coloration of the endpoint can be

reproducibly and objectively determined regardless of the operator and sample color. Furthermore, using a photometric sensor enables the use of an automated system and with that, increased sample throughput.

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CONTACT

Metrohm Brasil Rua Minerva, 161 05007-030 São Paulo

metrohm@metrohm.com.br

