

# **Application Bulletin 97/3 e**

# Determination of tocopherols (vitamin E) in edible oils and fats by anodic stripping voltammetry at a glassy carbon RDE

## **Summary**

Edible oils and fats contain natural tocopherols and, in some cases, also synthetic tocopherols added as antioxidants. The method described below allows the simple and rapid determination of the tocopherol content by voltammetry. The tocopherols are oxidized electrochemically at the glassy carbon electrode. The limit of quantitation is approximately 5 ppm (mg/kg) tocopherol.

## Instruments

VA instrument

capable of operating a rotating disk electrode and supporting differential pulse (DP) measuring mode

#### **Electrodes**

WE	Glassy carbon electrode tip	6.1204.600		
	Driving axle for RDE	6.1204.x10		
RE	Ag/AgCl reference electrode Ag/AgCl/LiCl (sat. in ethanol) Electrolyte vessel	6.0728.x20 6.1245.010		
	Filled with c(LiCl) = sat. in ethanol			
AE	Glassy Carbon rod	6.1247.000		
	Electrode holder	6.1241.x20		

# Reagents

All of the used reagents must be of purest quality possible (for analysis or for trace analysis\*).

- Sulfuric acid, w(H<sub>2</sub>SO<sub>4</sub>) = 96%, for analysis, 7664-93-9
- DL-α-Tocopherol, (Vitamin E), for analysis, CAS 10191-41-0
- Ethanol absolute, for analysis, CAS 64-17-5
- Toluene, for analysis, CAS 108-88-3
- Ultrapure water, resistivity >18 MΩ·cm (25 °C), type I grade (ASTM D1193)

#### **Solutions**

Electrolyte	$c(H_2SO_4) = 0.1 \text{ mol/L in}$		
	ethanol/toluen		
	Mix 5.9 g w( $H_2SO_4$ ) = 96% with		
	500 mL ethanol/toluene 2:1.		

#### Standard solution

Tocopherol standard stock solution	β(tocopherol) = 1 g/L  Approx. 100 mg tocopherol is dissolved in supporting electrolyte and made up to 100 mL. (Due to its high viscosity, it is very difficult to weigh in exactly 100 mg tocopherol. For this reason, the actual quantity taken is determined accurately and the resulting concentration is then used for the calculations.)  Tocopherol standard solutions with lower concentrations are prepared from the stock solution by dilution with supporting electrolyte.

## Sample preparation

In a 50 mL volumetric flask, 1 ... 5 g oil or fat sample is dissolved in supporting electrolyte. The solution is then filled to the mark with supporting electrolyte.

## **Analysis**

# Measuring solution

10 mL sample solution

The concentration is determined by standard addition.

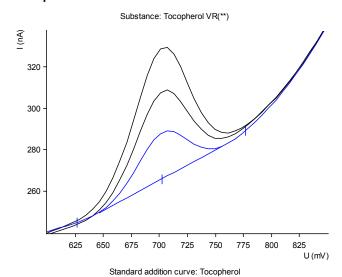
## Parameters

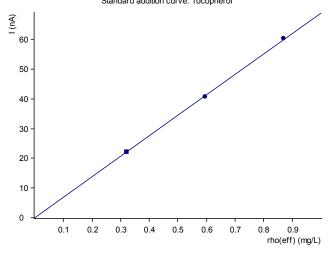
Voltammetric	
Measuring mode	DP – Differential pulse
Stirring rate	2000 min <sup>-1</sup>
Potentiostatic pretreatment	



Potential 1	0.55 V			
Waiting time 1	15 s			
Equilibration time	30 s			
Sweep				
Start potential	0.55 V			
End potential	0.9 V			
Potential step	0.006 V			
Potential step time	0.6 s			
Sweep rate	0.01 V/s			
Pulse amplitude	0.05 V			
Substance				
Name	Vitamin E			
Characteristic potential	0.7 V			

# Example





## Result

Sample	Edible oil	

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Sample size	1.010 g
$\beta$ (Tocopherol)	15.9 μg/g

## Comments

 After each series of measurements, the electrode is cleaned with aluminum oxide powder.

## References

H. McBride, D. Evans
 Rapid voltammetric method for the estimation of tocopherols and antioxidants in oils and fats
 Anal. Chem. 45 (1973) 446–449.



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# **Appendix**

## Report of the example determination of tocopherol in edible oil

======== METROHM 746 VA TRACE ANALYZER (5.746.0101) ========== : 06071647 User: : 2000-08-23 17:29:34 Run : 0 Date: 1999-06-07 Modified Sample table: -Pos. Ident.1/S1 Ident.2/S2 Ident.3/S3 Method.call Sample size/S0 VitE 1.0 1.0 VitE Method : AB097
Title : Determination of vitamine E. AB97
Remark1 : 1 g oil dissolved in electrolyte
Remark2 : WE:GC-RDE, AE:Pt, RE:LiCl sat. in EtOH Substance : Tocopher Comments Mass : 3.205 ug Mass conc.: 320.5 ug/L 13.5 ug/L (4.22%) MC.dev. : Add.mass: 2.75 ug V0.sample: 10 mL Cal.dev. VR U/mV I/nA I.mean Std.dev. I.delta Comments 00 703 22.11 22.11 703 40.55 40.55 703 59.98 59.98 19.44 Nonlin. Techn. Y.reg/offset Slope Substance Mean deviat. Tocopher std.add. 2.206e-08 6.883e-05 3.392e-10

## Method print for the determination of tocopherol

	Instructions t/s		Main parameters		Auxiliary parameters	
1 2 3 4	SMPL/M STIR PURGE 0STIR	60.0	V.fraction Rot.speed	10.000 mL 2000 /min	V.total	50.0 mL
5 6	0PURGE (ADD	2.0				
7 8	STIR (REP	10.0	Rot.speed	2000 /min		
9	SEGMENT		Segm.name	asv		
10	REP)0					
11	ADD>M		Soln.name	std	V.add	0.025 mL
12	ADD)2					
12	EMD					

Method: AB097 SEGMENT asv

	Instructions	t/s	Main parameters		Auxiliary parameters	
1 2	RDE DPMODE	2.0	Rot.speed U.ampl t.step	2000 /min 50 mV 0.60 s	t.meas t.pulse	20.0 ms 40.0 ms
3 4	MEAS OSTIR	15.0 30.0	U.meas	550 mV	_	
5	SWEEP	37.2	U.start U.end	550 mV 900 mV	U.step Sweep rate	6 mV 10 mV/s
6 7 8	OMEAS STIR END		U.standby Rot.speed	mV 2000 /min		